

Hand to Hand: Women Sharing Wisdom



Alone in a crowded room
I reach out my hand
Do you see?

I long for a connection
To tell my story
To be known.

Quiet, I shout, "Look at me!"
Not allowed to yell
My eyes speak.

I hear that look in your eyes
Silent truths beneath
Together...

We have the strength to create a
place for spoken truths and
connections.
- Erin Currie

The focus of this support group is to share the richness and complexity of women's lives.

We live in a world where women's voices are often silenced. This group offers a place for women to be truly seen and heard and their experiences honored.

Tuesdays | 5:30pm – 7:00pm
Women's Resource Center, 411 Olpin Union
Call 801-581-8030 for information and registration

This group is open to women in the community who are not affiliated with The University of Utah and welcomes all people who identify as women.



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