FEMINIST MULTICULTURAL COUNSELING
PRACTICUM/INTERNSHIP
2016-2017

Women’s Resource Center
University of Utah

The Women’s Resource Center (WRC) offers a feminist multicultural counselor training experience for women who are advanced students in counseling, psychology, and social work graduate programs. The supervised practicum/internship includes individual and group counseling, consultations, and program development and implementation. Involvement in the practicum requires a minimum 20 hours per week. WRC interns/practicum students will receive a graduate fellowship of approximately $3,400 per semester with a minimum 20 hours per week requirement, making them eligible for a 50% tuition benefit. For more information, contact Donna Hawxhurst, Training Coordinator, Kristy Bartley, Counseling Coordinator, or Flor Olivo, Program Coordinator at the Women’s Resource Center, (801) 581-8030; or email dhawxhurst@sa.utah.edu, kbartley@sa.utah.edu, folivo@sa.utah.edu. To access the WRC website go to www.womenscenter.utah.edu for information about our services, groups, and programs.

PREREQUISITES

- Completion of a one-year supervised practicum, internship, or fieldwork experience.
- **Feminist Multicultural Therapy, EDPS 7240**, taught 1st summer session.
- Graduate course in Multicultural Counseling, or equivalents.
- Commitment to one full academic year at the WRC beginning Fall Semester.
- Availability during the academic year for required meetings, seminars, and supervisions on Tuesdays, 8 am to 12:30 pm and on Wednesdays from 8 am to 12:30 pm.
- Submit application materials to the WRC before 5:00 pm on February 18th.
- 40-hour sexual assault advocacy training with Utah Coalition against Sexual Assault (UCASA). The WRC sponsors this training for our practicum students and interns.

If you have questions about the prerequisites or ways of meeting them, please contact Donna or Kristy at the above number or emails.
APPLICATION REQUIREMENTS

Please address each of the following items in submitting your paperwork.

- Resume/vita
- Two letters of recommendation from individuals who have direct knowledge of your clinical experience; community, organizational, and advocacy work; your work ethic; and participation as a team player. Letters should be directed to Donna Hawxhurst, Training Coordinator, Women’s Resource Center, 200 S Central Campus Dr. RM 411, Salt Lake City, UT 84112. Letters can be submitted electronically on a Word document including the recommender’s signature & directed to dhawxhurst@sa.utah.edu.
- Please write a personal statement that includes: (2-page limit please!)
  - Strengths & challenges as a team player
  - Values & characteristics that speak to your performance “on the job”
  - How you see yourself contributing to a broader social justice agenda beyond direct clinical work, i.e. advocacy, education, prevention
  - What you would hope to contribute as a WRC practicum student or intern and what you would hope to gain
- INCLUDE DETAILED INFORMATION ABOUT HOW YOU HAVE MET OR WILL MEET THE PREREQUISITES.
- Please submit all applications materials to the WRC no later than Thursday, February 18th, 2016 before 5 PM. All application materials must be formatted in Word 97-2003. Please send application materials, as attachments to an email, directed to dhawxhurst@sa.utah.edu. Interviews will be scheduled for February 26th.
WOMEN’S RESOURCE CENTER PRACTICUM

Listed below are the CORE weekly requirements of the practicum:

- 6 hours Individual clients (minimum), TBD
- 2 hours Support group, TBD
- 1 hour Individual consultation/supervision, TBD
- 1 hour Group consultation/supervision (Tues, 11:30 -12:30)
- 2.5 hours Feminist Multicultural Practicum Seminar (ED PS 7840) (Wed, 8:30-11 am)
- 2 hours WRC weekly staff meeting (Tues, 9-11 am)
- 1 hour Program development consultation (Wed, 11:30 am-12:30 pm)
- 3-4 hours Programming. (TBD)
- 1 hour Front Desk Support (TBD)
- 20 hours per week minimum

Please note that Student Affairs offices do not operate on an academic calendar. You will be asked to help cover the office during scheduled breaks.

The Feminist Multicultural Counseling Practicum is based upon a feminist multicultural framework that stresses collaboration and shared responsibility for both generating relevant content and attending to group process. We believe there is enormous value in becoming aware of the lenses we bring to our work from our own life experiences and backgrounds. We will work to understand how our own particular worldviews and cultural biases influence our assumptions and processes as we relate to each other, our staff colleagues, and our clients. We will expect you, as well as ourselves as your mentors and consultants, to be sharing the kind of personal information that will illuminate the lenses through which we perceive and experience ourselves and others in the world. We will be looking at power dynamics in our relationships with one another and with our clients, recognizing discrepancies in privilege and power where they exist and attempting to minimize these discrepancies where possible and to be aware of their impact. From a feminist multicultural perspective, value-free, non-biased counseling does not exist. Your experiences in the group seminars and in every aspect of your work with us will help you understand the ways in which your own values and biases impact your perceptions of and your relationships with others.

In the Feminist Multicultural Counseling Internship/ Field Practicum you will be assuming the role of a WRC staff member and team player at the onset. This exciting and challenging opportunity will provide you with a vast diversity of training experiences including counseling, advocacy, administration, group work, programming and program development, and community outreach.
Additional Scheduling Information 2016-17

- Half-Day Retreat with WRC Staff for New Pracs/Interns TBD, summer session, 9 am -noon. Breakfast provided!
- 40-Hour Training at Rape Recovery Center (RRC), T, W, Th evenings, 5:30-9:30 pm, 2 sequential weeks + 2 all day Saturdays (course fee paid for by WRC).
- Orientation to WRC Practicum, August 17-19, 8:30 – 4:30. (Wed –Fri)
- Weekly WRC Staff Meeting, Tuesday, 9-11 a.m
- Programming Supervision, Wednesday, 11:30-12:30.
- Programming commitments: (3-4 hrs./week) Go Girlz: 2.5 hours; U-Start: 1.5 hours.
- Front Desk Support, schedule 1 hour per week at the front desk, may change each semester
- Group Supervision, Tuesday, 11:30 – 12:30
- Feminist Multicultural Counseling Seminar, Wednesdays, 8:30 – 11 am. Registration for the seminar is required each semester (1-6 credit hrs.) ED PS 7840.
- Scheduled individual client hours (6 minimum) in one or 2 blocks on Mondays, Thursdays, or Fridays.
- Weekly 1- hour individual supervision with WRC clinical staff. Social Work pracs are required by their programs to have additional 1 hour supervision with a LCSW in the community. (Arranged by WRC)
- Support Groups are scheduled Monday – Thursday, from 5:30 – 7 p.m. You will be expected to co-facilitate one group that fits your interest & schedule.
- The practicum/intern cohort is expected to submit a proposal to AWP for the annual conference in March. The WRC funds the cohort to attend this conference for professional development.
- Scholarship information. For scholarship information check the WRC website at womenscenter.utah.edu. You may qualify for a scholarship. Deadline for applications can be found on the website.
- Practicum students/interns receive a stipend of approximately $3,400 per semester, making them eligible for a 50% tuition benefit.

Revised 12/3/15